



Cune bathtub from Antoniolupi, available at Keha Casa. The sinuous shape depicts an oasis of well-being

LIGHT OF DAY

Create the right ambiance with the perfect lighting. But the tricky area is the vanity because this one illuminates the face. The most common mistake is putting recessed ceiling fixtures directly over the mirror. These cast shadows on the face. Vertical fixtures or sconces mounted on either side of the mirror are best for casting an even light. If that's not an option, and the only place is over the mirror, it should be placed 75 to 80 inches above the floor and contain at least 150 watts — ideally spread over a fixture that's at least 24 inches long so that the light will wash fall evenly over the face.

The new bathroom is much more than the shower and the bathtub: it is a haven filled with comforts, where you can take some time and just zone out before starting a hectic day or after you return from the daily grind. It has turned into a personal wellness zone, just like a spa. The time for bathrooms to take centre stage has now arrived. Be it a symphony in modern-day design or an ode to the latest luxuries, there are no limits to how creative and how indulgent you can get when styling your bath spaces.

There is a fabulous selection of indulgent fixtures and gadgets, such as personal saunas, customised showers, whirlpools, as well as a wide range of styles and design themes to

please different tastes – and all of it is just waiting for you to mix and match.

There is just one basic rule to follow: Get the most energy efficient equipment and fixtures you can find (there's a lot out there) so that while you relax in your specially crafted cocoon, the environment can breathe a sigh of relief as well.

Wellness

This is what transforms a bathroom into a spa. Building a home spa has never been easier before – from the one or two options available about a decade ago, now there is a wide range of saunas, hammams and whirlpools flooded in the market.



Landmark collection by Samuel Heath, is crafted in England in the latest technology and hand craftsmanship. Available at FCM.



Dressage collection by GRAFF, that lends well for an indoor-outdoor set-up

